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## Conscious Awakening

By Roland Hirasek

CreateSpace Independent Publishing Platform. Paperback. Book Condition: New. This item is printed on demand. Paperback. 292 pages. Dimensions: 8.5in. x 5.6in. x 0.8in. A different realm exists just outside the limited perceptions of our physical selves. Learning to access the unseen side of the universe opens us up to boundless possibilities, but few people learn to navigate its mysteries. Fortunately those few enlightened individuals can open our eyes to the otherworldly. One such person is author Roland Hirasek. First exposed to the spiritual world at age nineteen, Hirasek amassed a wealth of information on consciousness-raising techniques, and, more importantly, put them into practice. When he speaks of past life experiences, mindfulness, and the universal law of attraction, Hirasek speaks from deep personal experience. Conscious Awakening introduces readers to some of the most influential concepts in spiritual self-awareness. Hirasek deftly explains the arguments in favor of reincarnation and an afterlife. He discusses the intricate connection between dreaming and out-of-body experiences, and how our self-perceptions limit and determine our lives. Readers discover how to overcome long-term mind programming in order to express their own natures freely, without the limitations imposed by years of restrictive thinking. Let Roland Hirasek's comprehensive, accessible explanations to vital...



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