



Positive Sobriety (Paperback)

By Daniel H Angres M D

Createspace, United States, 2012. Paperback. Book Condition: New. 252 x 202 mm. Language: English . Brand New Book ***** Print on Demand *****.Positive Sobriety is a manual that can guide a therapist, treatment program, or addicted individual thru the important components of recovery. This includes worksheets that evaluate individual personality styles, motivations for use and elements of happiness, all essential for transforming addiction into enhanced well-being; in other words, a positive sobriety. The manual is referenced and has several useful links for further learning. There is substantial detail but summary sections for quick referencing also available. This book requires an additional link (at a nominal cost) to complete some of the sections.



READ ONLINE
[8.93 MB]

Reviews

This book is fantastic. This is certainly for all those who statte there had not been a really worth reading. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- Prof. Dale Fahey MD

An extremely awesome publication with lucid and perfect explanations. It is actually writter in basic phrases rather than confusing. You will like how the writer publish this book.

-- Melody Jakubowski