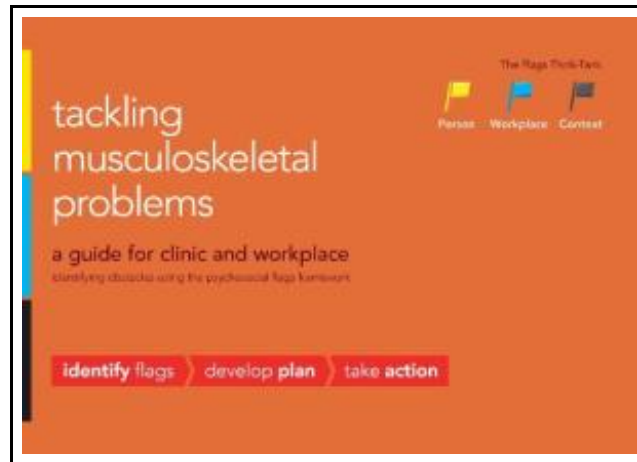


# Tackling Musculoskeletal Problems, the Psychosocial Flags Framework: A Guide for Clinic and Workplace



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***(Conrad Heaney)***

## TACKLING MUSCULOSKELETAL PROBLEMS, THE PSYCHOSOCIAL FLAGS FRAMEWORK: A GUIDE FOR CLINIC AND WORKPLACE



TSO. Paperback. Book Condition: new. BRAND NEW, Tackling Musculoskeletal Problems, the Psychosocial Flags Framework: A Guide for Clinic and Workplace, University of Huddersfield, Most people experience musculoskeletal problems some time during their lifetime. This practical guide is aimed at everyone involved in tackling musculoskeletal problems in healthcare and the workplace. It explores the problems and solutions, sets out the steps that need to be taken and, importantly who needs to take them, and when. The two main environments where musculoskeletal problems can be tackled are healthcare and the workplace, so the key players for this title are: Healthcare - primary care practitioners, occupational health professionals, therapists, rehabilitation providers; and Workplace - line managers/supervisors, senior management, human resources, health & safety advisors. Other people that will also find this guide useful include family members, claims handlers, insurers, lawyers, case managers and employment advisors. The essence of tackling musculoskeletal problems is not so much what has happened, but how to facilitate recovery. Flags are warning signals that psychosocial factors in or around the individual are acting as obstacles to their recovery. Throughout this guide colour-coded flags help identify key features of a person, their pain problem and how they interact with the world around them. In identifying the key obstacles for sufferers, this guide assists in developing a plan that addresses specific problems and provides a timeline for recovery. The evidence-base for "Tackling Musculoskeletal Problems" was an international Flags Think-Tank, involving 21 experts in the psychosocial aspects of musculoskeletal disorders. Following this Think-Tank a number of academic papers were written by experts in the field, the product of which is this informed, thoroughly researched guide for anyone wishing to help tackle musculoskeletal problems. This book outlines the nature of musculoskeletal problems. It defines the concept of 'Flags'. It provides information on the...

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