



The Inspired Teacher: Zen Advice for the Happy Teacher

By Donna Quesada

Skyhorse Publishing. Paperback. Book Condition: new. BRAND NEW, The Inspired Teacher: Zen Advice for the Happy Teacher, Donna Quesada, Donna Quesada had been teaching for about a dozen years when the first signs of burnout hit her. Rather than give in to her frustration, she reached for Buddha's teachings, the Zen wisdom that formed the basis of her own longtime spiritual practice. She survived the semester and gradually rediscovered the joy in her job that had been progressively declining. In this wise and inspirational book, she shares the lessons she learned--lessons that revealed, time and again, that no matter the situation, it's always about getting your head in the right place first. Resolution begins in our own minds. Some days, some semesters, and even some years will be more challenging and more wearisome than others, she warns. But in The Inspired Teacher, Quesada offers a lasting source of encouragement and Zen. Although the book draws from Eastern teachings, the wisdom is for everyone, regardless of personal background, creed, or faith. With elements of The Last Lecture as well as Chicken Soup for the Teacher's Soul, this is the perfect gift for teachers--but also for anyone needing inspiration.



READ ONLINE
[3.35 MB]

Reviews

Undoubtedly, this is the greatest operate by any article writer. It is actually writter in straightforward words instead of confusing. Your life period is going to be change as soon as you complete looking over this book.

-- **Karina Ebert**

The book is great and fantastic. I could comprehended almost everything using this published e publication. I am just very happy to explain how here is the very best ebook i have study inside my very own existence and could be he greatest book for ever.

-- **Mekhi Marvin DVM**

Other eBooks



Kingfisher Readers: Pirates (Level 4: Reading Alone) (Unabridged)

Pan Macmillan. Paperback. Book Condition: new. BRAND NEW, Kingfisher Readers: Pirates (Level 4: Reading Alone) (Unabridged), Philip Steele, For the first time, Kingfisher brings its expertise in beautifully-designed, trusted non-fiction to the sphere of learning to read. This new graded reading scheme...



Kingfisher Readers: Sharks (Level 4: Reading Alone)

Pan Macmillan. Paperback. Book Condition: new. BRAND NEW, Kingfisher Readers: Sharks (Level 4: Reading Alone), Anita Ganeri, For the first time, Kingfisher brings its expertise in beautifully-designed, trusted non-fiction to the sphere of learning to read. This new graded reading scheme will...



Kingfisher Readers: Weather (Level 4: Reading Alone)

Pan Macmillan. Paperback. Book Condition: new. BRAND NEW, Kingfisher Readers: Weather (Level 4: Reading Alone), Chris Oxlade, For the first time, Kingfisher brings its expertise in beautifully-designed, trusted non-fiction to the sphere of learning to read. This new graded reading scheme will...



Kingfisher Readers: Flight (Level 4: Reading Alone)

Pan Macmillan. Paperback. Book Condition: new. BRAND NEW, Kingfisher Readers: Flight (Level 4: Reading Alone), Chris Oxlade, For the first time, Kingfisher brings its expertise in beautifully-designed, trusted non-fiction to the sphere of learning to read. This new graded reading scheme will...



Loom Knitting for Mommy Me: Cute Designs for the Perfect Gift!

LEISURE ARTS INC, United States, 2013. Pamphlet. Book Condition: New. 269 x 216 mm. Language: English . Brand New Book. 5942 Loom Knitting for Mommy and Me Make loom-knit gifts for all the mothers, babies, and children in your life! Kathy Norris...



A Kindergarten Manual for Jewish Religious Schools; Teacher s Text Book for Use in School and Home (Paperback)

Rarebooksclub.com, United States, 2012. Paperback. Book Condition: New. 246 x 189 mm. Language: English . Brand New Book ***** Print on Demand *****.This historic book may have numerous typos and missing text. Purchasers can download a free scanned copy of the original...