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By JIA TIAN GUANG XIONG

paperback. Book Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment.Paperback. Pub Date: 2012-07-03 Pages: 262 Publisher: Basic information of the Traditional Chinese Medicine Press title: strange fasting therapy: Selective Dissemination original price of the best-selling book of Chinese medicine: 24.00 yuan: Tian Guang Press A: Traditional Chinese Medicine Press Publishing Date: July 3. 2012 ISBN: 9787513206068 words: Page: 262 Edition: 1st Edition Binding: Paperback: Weight: 458 g Editors' Choice A Tian Guang book. the Lee Kun compile the peculiar fasting therapy the fasting therapy science (1983. third edition. eighth printing) modeled. with reference to the relevant literature were compiled by special named strange fasting therapy. The book is divided into seven chapters. Chapter from fasting therapy to improve physical fitness Speaking and repeatedly demonstrated by a large number of cases. this view anomaly often is to improve the physical fitness of the Arcane. The second chapter describes the various manifestations of the weak negative physical. The third chapter focuses on the various physical improvement Arcane negative physical mechanism of positive physique. Chapter Intro practical application of a variety of Arcane. Chapter V Special Note emphasizes regular fasting...



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